



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ENGAGING TOMORROW'S LEADERS

Before and Afterschool Programming 2017/2018
RIVERVIEW FAMILY YMCA
XAVIER SCHOOL OF EXCELLENCE



Program Overview:

Our YMCA Before and Afterschool program helps youth achieve, build relationships, and feel a sense of belonging through thoughtful planning and intentional scheduling of activities. Afterschool is about more than just keeping kids busy. It's about incorporating specific program components in an intentional way engages youth, encouraging them to come...and stay.

Component	Dosage	Description
21 st -Century Skills	2 x week	Project based learning aligned with school day curriculum that involves teamwork, time management, digital moviemaking, STEM, journalism club, or robotics club.
Arts	1 hour p. wk.	Projects with clear learning objectives that engage youth in planning, implementation, and debriefing.
College & Career Readiness	2 x Month	Activities that allow participants to explore career paths and higher education opportunities.
Family & Parent Engagement	1 every 3 Mo.	Mulitple ways for parents and families to engage including monthly events, interactions with staff, and volunteer opportunities.
Global Learning & Inclusion	1 hour p. wk.	Cultural events and projects that explore diverse perspectives, ideas, beliefs, and customs.
Health & Wellness <ul style="list-style-type: none"> Wellness & Nutrition Physical Activity 	2 times per mo. 30 min. daily	Nutrition Education and other activites. Vigourous indoor or outdoor activities.
Academic Enrichment <ul style="list-style-type: none"> Homework Help Math or Literacy 	30 min. daily 30 min. daily	A time for small groups or partners by grade to work on homework in the prescence of an adult staff member Broad-Based learning that may or may not directly relate to school work.
Leadership Development	2 x p. wk.	Experiences that intentionally allow participants to plan, develop, and lead program components with staff support.
Service Learning	1 every 3 Mo.	Projects with clear learning objectives that engage youth in planning, implementation and debriefing.

Sample Weekly Schedule*

Time	Monday	Tuesday	Wednesday	Thursday	Friday
3:00	Snack	Homework Help	Snack	Homework Help	Snack
3:30	Homework Help	Snack: Name the Grain -Math or Literacy -Healthy Living	Homework Help	Snack: Making Indian Lassi Smoothies Math or Literacy Global & Inclusion	Homework Help
4:00	Y Cup Field Day: Creating Jerseys -Arts -21 st Century Skills -Math or Literacy		Physical Activity		Guest: Tae Kwon Do Instructor -Physical Activitiy -College & Career Readiness
4:30	Physical Activity	Math or Literacy			
5:00	Physical Activity	Free Choice	Free Choice	Physical Activity	
5:30	Free Choice	Free Choice	Free Choice	Free Choice	
6:00	Free Choice	Free Choice	Free Choice	Free Choice	

*Times adjusted for early dismissals for Xavier start time is approximate – last bell or bus drop off until 6pm

- Activities are offered at various times to ensure that youth who arrive later or leave earlier have the same opportunity to experience Afterschool as those who stay the whole time.
- Activities can easily be adapted so that they are developmentally appropriate and accommodate diverse abilities.
- Rhythm and pacing take advantage of the natural ebb and flow of youth's energy throughout the afternoon.

Staffing:

Our Youth Development staff members undergo a pre-hire screening and thorough background check. All staff are trained in Child Abuse Prevention, First Aid and CPR. Staff Members also go through 20 hours of training before they begin in the after school setting and are continuously trained at bi-weekly staff meetings.

Locations and Rates

Program is held on-site at Xavier School of Excellence.

Busing provided from SBCSC to YMCA, M-F: Nuner, Hamilton, LaSalle, Perley, Kennedy, Jefferson. Other schools may be available based on SBCSC transportation routes.

Weekly Fee Packages:			
Riverview Family YMCA		Xavier SOE	
\$50/\$60	Afterschool Care	\$20/\$30	Before-school Care
\$40/\$50	Afterschool Care	\$40/\$50	Afterschool Care
		\$50/\$60	Before and Afterschool

First Rate is the YMCA Member Rate, Second Rate is the Community Member rate

Drop-In Fees:			
Must be paid to on the date of the drop-in.			
Drop-ins can occur at any time with complete registration form on file.			
Riverview Family YMCA Site		Xavier SOE	
\$12	Daily Afternoon Drop-in	\$5	Daily Morning Drop-in
		\$12	Daily Afternoon Drop-in <i>M/Tu/Th/F</i>
		\$17/\$27	Daily Afternoon Drop-in <i>Wednesdays</i>

School's Out Y's In:

The YMCA is open for full-day care when school is closed, even on SNOW DAYS! When schools are closed; planned or weather-related, the YMCA offers a fun-filled day program that is a taste of our day camp program. In between free choice in the Youth Room we plan a full day of arts & crafts, physical and social recreation, and swimming! The schedule is based on the SBCSC and Xavier closings. (We do not provide care for late starts or half day cancellations.) Children should bring a sack lunch*, swimsuit, and towel. Children from all area schools are invited to drop-in at the YMCA facility. **This does not include Winter and/or Spring Break Day Camp.**

Hours: 6:30am-6pm

Location:

Riverview Family YMCA
1201 Northside Blvd.
South Bend, IN 46615

Drop-In Fees

(School-year Form required.)

Full Day Drop-in Fee: \$40

Financial Assistance is available. Please contact the Director of Youth Development for more information regarding Financial Assistance.

Registration is available at the RIVERVIEW FAMILY YMCA during hours of operation. You may also download our Registration Form and Parent Handbook off our Website.

Jessie Emmons

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